



# Church around a Table

## Sunday 20th September: Theology of Food

Why are we looking to the theology of food?

Because food matters. It matters to:

- Our Body
- Our Soul
- Our Planet

**I believe there are 6 theological lines of food here:**

1. Celebration of creation and work
2. Test of obedience
3. Food is expression of Gods provision
4. Restored communion with God
5. Food becomes a spiritual metaphor
6. Food provides an environment for the gospel to flourish

## Questions

1. How does creation express that food and meal times are important for celebration, rather than just eating to survive?
2. How and when can we celebrate Gods creation using meal times?
3. How do you feel that God used food for a test of obedience? Do you think we have in our society a culture over eating and self indulging in food? Is one food eating habits (the way one eats, how much they eat etc.) evidence for ones own self-centred heart?
4. On Sunday I shared how Jesus used feeding 5000 as spiritual metaphor to showing the people that Jesus is the bread that fulfil ones hunger and if you are thirsty to come to him - Can you think of any other food spiritual metaphors by Jesus?
5. Why do you think christians for many years would use their meal time as an opportunity to pray and read scripture together? Do you think it something christians should adopt today?
6. How do you view food? and from Sundays message has your thoughts progressed about the role food plays in our lives today?
7. Why do you think Jesus used food so much to advance the good news and the message of the Kingdom?
8. How can we used food and meal times to provide an environment for gospel to be at work? Who can we invite into our meal times?